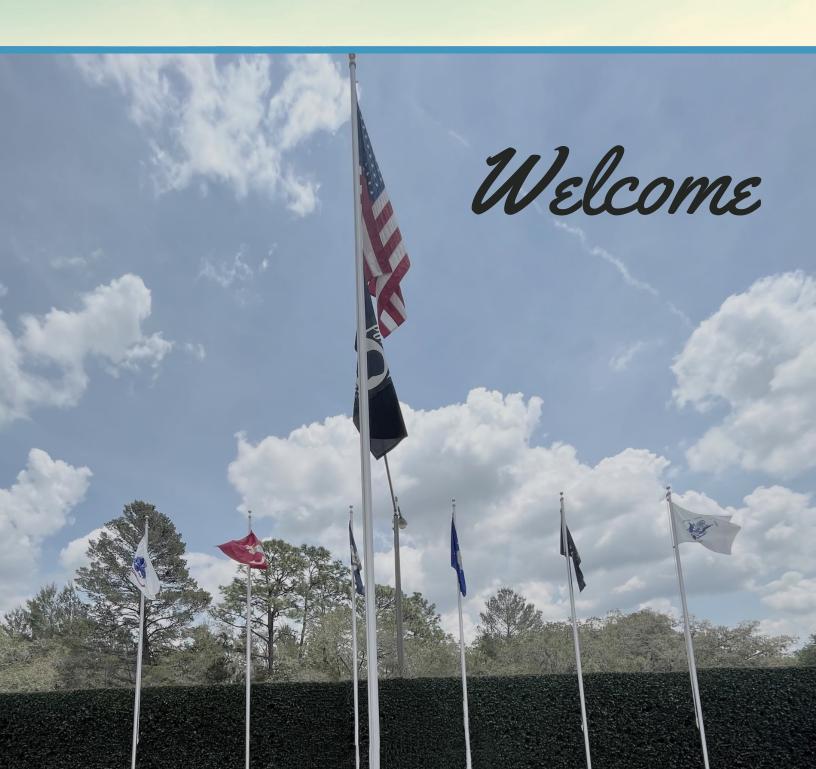
Glenlakes

Veterans and Friends Association

GlenLakes Country Club Weeki Wachee, FL





Veterans and Friends Association A NON-PROFIT 501(C)(3) ORGANIZATION SERVING HERNANDO, PASCO AND CITIZED OCUMEN CONTRACTOR OF THE PROFIT SOLUTION SERVING HERNANDO,





PASCO AND CITRUS COUNTY COMMUNITIES

Welcome to GlenLakes!

The GlenLakes Veterans and Friends Association (GLVFA) was established in 2016 with a mission to support our GlenLakes community and local veteran organizations. But we cannot maintain a viable organization without a strong membership.

Whether you are a veteran, have veteran family members, or are someone who appreciates the sacrifices our veterans have made for our country, you are welcome to join our organization, at no cost to you (free membership) in support of a worthy cause as well as an opportunity to meet other like-minded members at our monthly meetings and quarterly "rest and recuperation, R&R" dinner events held at the club house. At our monthly meetings, there are always interesting guest speakers that present to meeting attendees on topics that are informative to members and GlenLakes residents in general such as health care, elder care, balance classes, financial and retirement seminars, technology seminars, veteran support and advisement, and much more. meetings are commonly one hour in length with a donut and coffee bar available (free).

The group is involved in numerous veteran-centered activities including assisting veterans with PTSD (via the Veteran Administration's SAVES program), Florida Veterans home, Wreathes across America program, Memorial Day flag placement at local cemetery, grants to various local veterans organizations, and much more.

The organization raises funds to support programs largely through corporate and local business sponsorships. Our premier fund-raising event to support our veteran programs is the annual Nature Coast Veterans Day golf event held at the GlenLakes clubhouse and As a GLVFA member, you can assist in the success of this event through volunteering or participation. As a registered non-profit 501(3)(c), all funds raised go directly to veteran and their families causes. Your joining our organization will help to amplify the impact we collectively make on our community.

We look forward to meeting you! Come join us on the first Thursday of each month, at 9am upstairs in the Glenlakes clubhouse.

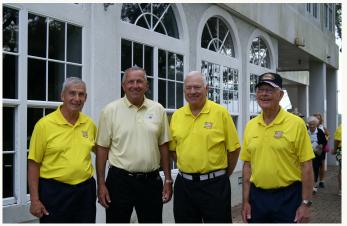


Veterans and Friends Association LEADERSHIP





Our member volunteers work hard to aid the organization in all its great causes, for the good of the entire membership as well as the veteran recipients that benefit each year from the groups' fund-raising efforts, such as the annual Veterans Day Golf Event.



GLVFA founders (yellow shirts, left to right), Ron Ford, Denny Blum, and George Friel, pictured with retired National DAV Commander Andy Marshall.



Veteran Resource Advisor/ Treasurer, Board Member Cori Lombardo



GlenLakes Veterans Memorial Project Manager Dicky Keane (left) receiving **GLVFA** grant from state senator Blaise Ingoglia



Board Member, Website Guru Mike Cummings (left) at the Wreathes Across America event in Bushnell, FL



Left: Jim Karam (IT Consultant) and Wayne Millington (Board Member)

Right: Mike Fulford, board member with co-founder Ron Ford (left). Not pictured: Curt Reilly, administrator.

We thank our volunteers who work hard all year long!



Veterans and Friends Association ME ---





GLVFA holds meetings at the GlenLakes clubhouse on the first Thursday of each month (except July and August.) Our meetings are friendly gatherings, of veterans, non-veterans (friends) and guests, with a focus on camaraderie as well as hearing guest speakers that present on a wide variety of topics in healthcare, community news, technology, benefits, and much more. Presented here are a few examples of the activities we are involved in.

Monthly meetings, are always enjoyable as well as informative.

Future and past briefings and presentations are posted on the GLVFA website.





Monthly meeting: Elder Law presentation by attorney Sara Evans, Tampa, FL





(above) Members show unity by wearing our distinctive GLVFA "yellow shirt"

(left) Members enjoy free pain therapy session during a meeting



Monthly meeting: Presentation and live demonstration on pain therapy technology from Neurolumen, Oklahoma City, OK

www.GlenLakesVets.org



Veterans and Friends Association ACTIVITY





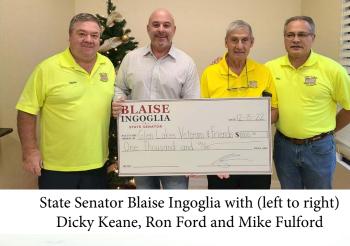
GLVFA engages in activities that ultimately serve and support our local GlenLakes residents, and surrounding community with a focus on aiding veterans and nonveteran "friends" here in our own community.

Presented are examples of activities we are involved in.



Members engaged in free Tai Chi and balance classes, pictured here with instructor Laura Gamba

GLVFA Nature Coast Veterans Day Golf Event and GLVFA Wreath Laying (below)





GLVFA Veterans Day Golf Event

Memorial Day Flag Laying







Veterans and Friends Association R & R





Our organization conducts "Rest and Recuperation" (aka R&R) events several times a year to share in comradery amongst members and friends, enjoy food and drink and to celebrate the efforts put forth in supporting our community.







Members and guests enjoying great conversation....



and also enjoying a great GlenLakes Club buffet ...



all while giving back to the community!

Supporting our Community

Yeterans and Friends Association





JOIN US

We look forward to having you join us! You may contact us with any questions or requests by the following options:

- 1. Visit our group at the next scheduled meeting, first Thursday of each month (except July and August). Contact any "yellow shirt" member at the meeting to locate one of the group's leaders to join or address your questions.
- 2. Fill out the following form and ...
 - A) return to the group at the next meeting **or**
 - B) mail the form in at the mailing address given below or
 - C) email it to the email address given below. (send below info in your email)

| Name(s): | | |
|----------|-------------|--|
| Street: | | |
| City: | State: Zip: | |
| Phone: | | |
| EMail: | | |

3. **Easiest option.** Use the website and/or **scan the QR code at bottom right** using your smart phone's camera. Either option will enable you to sign up directly, no mail or email needed.



U.S. Mail:

GlenLakes Veterans and Friends Association PO Box 5253, Springhill, FL 34611

Website:

https://www.glenlakesvets.org/contact.html

EMail: info@glenlakesvets.org

Join Us For Free!

scan using your



smart phone camera